

# NAN HOPE

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Nishnawbe Aski Mental Health and Addictions Support Access Program



**We're here for you 24/7**

**1-844-NAN-HOPE**

**(1-844-626-4673)**

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Nishnawbe Aski Mental Health and Addictions Support Access Program



## PHONE 24/7

1-844-NAN-HOPE  
(1-844-626-4673)



## TEXT

1-844-626-4673



## EMAIL

[info@nanhope.ca](mailto:info@nanhope.ca)



## WEBSITE

[nanhope.ca](http://nanhope.ca)

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Text and Live Chat support are available every day from 8:00am - 12:00am ET.